BEAM
BLACK EMOTIONAL AND MENTAL HEALTH COLLECTIVE

COMMUNITY CARE SUPPORT PLAN

The Community Care Support Plan is a tool to help us take care of each other. It can be used to support someone who is in distress, to maintain access needs or continue every day care.

Once completed, the document can be shared via taking a photo, emailing or paper copy to help ensure all those supporting someone can coordinate and have the same information.

COMMUNITY CARE SUPPORT PLAN FOR:

NAME

FAMILY/FRIENDS/ CLOSEST OF KIN TO CALL IN CASE OF EMERGENCY:

Emergency Contact:

MEALS & FOOD PREP SUPPORT TEAM

Allergies

Food Restrictions

MEDICATION REMINDER SUPPORT TEAM

Current Medications for Doctors to Know

DOCTORS, THERAPISTS, COMMUNITY RESOURCES

Insurance Information

CHECK-IN SUPPORT TEAM

Call Check-Ins

Home Check-Ins

CHILD & PET CARE SUPPORT TEAM

Child/Pet Allergies & Food Restrictions

Child/Pet Doctor Info

Insurance