

2019 ANNUAL REPORT



Feeding Families and Fueling Hope in Broomfield County

OUR CARING COMMUNITY

The past year was a whirlwind of activity, as FISH took steps to become a true Family Resource Center. While our longstanding roots in Broomfield are as a food bank, we strive to do more than end hunger. Our goal is to help families thrive! We seek to provide a warm, welcoming space where neighbors can support each other and connect to resources. One of the things that makes FISH so unique is our caring community environment at 6 Garden Center. We cultivate a sense of family among staff, volunteers, participants and donors, and at least once a week we hear someone comment, "This place is so special!"

What does it mean to be a true Family Resource Center? Essentially it means looking at whole families, building on indidivuals' strengths, and walking with people on their path to wellness and self-sufficiency. The need for services continues to grow, and in 2019, FISH served nearly 7,100 unduplicated residents, which is 10% of Broomfield's population. This may seem surprising, but not when you consider the skyrocketing costs of housing, health care and child care. We have found that people who visit FISH often spend as much as 70% of their income on housing, which leaves little for other expenses. One crisis- a car repair, a trip to urgent care, a job layoff- can be crippling for a family.

To meet the growing need, FISH has formed more than 30+ partnerships with other organizations and serves as a central hub to connect people to the appropriate community resources. We also offer emergency financial assistance to help with rent, utilities, transportation and other expenses. New in 2019, we received a generous grant from the Colorado Health Foundation to address the housing crisis. We created a pilot program called "Keeping Families Housed" and have added staff whose goal is specifically to help stabilize families and prevent homelessness.

Anyone can fall on hard times and need help. For example, this past year we helped "Amy." She and her family had a medical bill that forced them into a difficult situation. They had both been working to provide for their four children, who are all under the age of 10. When Amy's husband had an injury and needed surgery, he was put on short-term disability. This left the family with just one income. They learned about FISH and were able to get food and emergency financial assistance to help with housing. Amy says "My life has changed since coming to FISH, just in knowing that there is help out there, knowing that as a community we are responsible for other people, not just ourselves."

Thank you from the bottom of our hearts,

Elisa Beerbohm, BOARD CHAIR AND Dayna Scott, EXECUTIVE DIRECTOR



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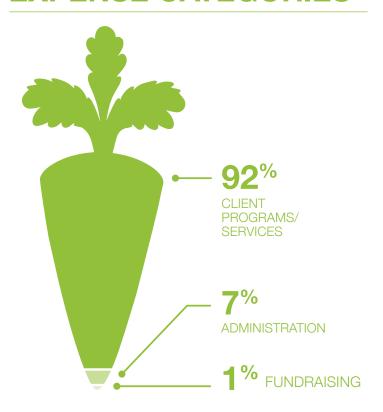
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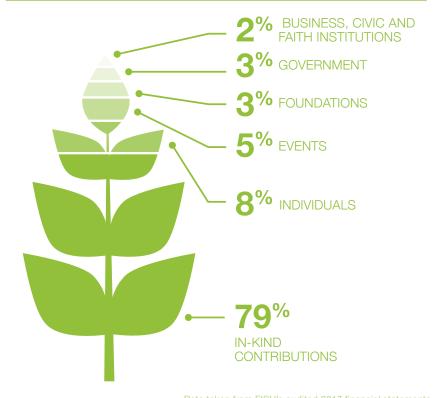
Adult Advisors: Beth Barr and David Massy



2019 **EXPENSE CATEGORIES**

2019 INCOME CATEGORIES





Data taken from FISH's audited 2017 financial statement

Total budget for 2019: \$2,993,860



of every dollar in 2019 went directly to benefit neighbors in need!



BEYOND THE KITCHEN TABLE

As the only Food Bank and Family Resource Center in Broomfield, FISH focuses on whole-family, two-generational health and well-being. In 2019, FISH distributed nearly 1.1 million pounds of food, while at the same time supporting people on a pathway to self-sufficiency. Ending hunger is critical, but equally important is what happens beyond the kitchen table. More than half of the people we serve are children, seniors on a fixed income, and those with a disability. FISH connects people to workforce trainings, budget management support, health care options, housing support, veterans' resources, early childhood care options, and other vital services.

HOW WE DO THIS:



EXPANDING PARTNERSHIPS

FISH partners with more than 30 community organizations to ensure that we are a single, friendly point of contact to help neighbors in need. Six of these partners share space at FISH to make referrals to resources more accessible. Major partners include:

- Broomfield Early Childhood Council
- Broomfield Housing Opportunity Coalition
- Energy Outreach Colorado
- Center for People with Disabilities
- Mental Health Partners
- Safehouse
- Justice and Mercy Legal Aid Clinic
- A Precious Child
- Coal Creek Adult Education



PROMOTING COMMUNITY ENGAGEMENT

FISH had 900+ volunteers who donated more than 22,000 hours of time last year! Regular volunteers come to FISH weekly, but businesses, civic groups, families, scout troops, and school groups also support FISH through food drives, holiday kits, fundraising events, and educational activities. As neighbors helping neighbors, we believe in working with those in need, not for them. FISH encourages participant voice throughout all of our operations.



STABILIZING FAMILIES

FISH's goal is to help families thrive. Our staff offer one-on-one support and encourage goal-setting through our family development program. Since housing is often the most critical need, FISH created the "Keeping Families Housed" program with dedicated staff who help families find and keep stable housing. In 2019, FISH helped 109 families with housing support.



IMPROVING FOOD & FINANCIAL SECURITY

FISH works closely with the City and County of Broomfield and other organizations to reduce hunger. In our space at 6 Garden Center, people can shop twice a month or more often as needed and can select the food they know they will eat. This promotes dignity and respect, and also reduces waste. People are able to use the money they save on groceries to pay for rent, utilities and other basic needs.

TRENDS AT BROOMFIELD FISH

119

109

145

	2016	2017	2018	2019
POUNDS OF FOOD DISTRIBUTED	629,389	705,132	889,107	1,069,737
TOTAL UNDUPLICATED RESIDENTS SERVED	4,210	5,859	6,047	7,057

68

29

61

108

60

64

111

93

109

UNDUPLICATED

ASSISTANCE

ASSISTANCE

EXPERIENCING

HOMELESSNESS

UNDUPLICATED

EMERGENCY UTILITY

FAMILIES RECEIVING

NUMBER OF PEOPLE

EMERGENCY HOUSING

THE GROWING NEED FOR FISH SERVICES

With Broomfield FISH serving 10% of our community's population, the common question is, "Why is there so much need? Unemployment is low and the economy seems to be doing well." What we see are stagnant wages and skyrocketing living expenses. It is difficult for people working low wage jobs to make ends meet. Broomfield residents struggle to find housing options within their budget, often live 2 or 3 families under one roof, and survive paycheck to paycheck. If their rents increase—and some have gone up by \$300 per month—they face eviction and homelessness.

For those who are not living with multiple families under one roof, our data shows that they pay between 50% and 70% of their total income on housing costs! FISH has joined forces with the Broomfield Housing Opportunity Coalition (BHOC) to address this critical issue. BHOC's mission is to build partnerships, inspire policy dialogue outcomes, and find solutions to create a diverse spectrum of housing opportunities for all residents.

ONLY 2/5 INDUSTRIES

Only two of Broomfield's top five industries have average wages high enough to afford a home at the median sale price.



To afford renting a 2-bedroom apartment in Broomfield, **full-time workers must earn \$29/hour** (more than twice the minimum wage).



Only 7% of all homes listed or sold in Broomfield in 2016/2017 were affordable for households earning less than \$75,000 per year.



There is a **shortage of nearly 1,300 units** for renters earning less than \$20,000 per year.

Broomfield Housing Needs Study, April 17, 2018.

"Rowena" was 66 years old, on disability, and taking care of her two young grandchildren. She had been struggling for more than a year and finally ran out of things she could sell to make extra money. When it came down to paying rent or buying groceries for the family, she heard about FISH. She says 'FISH is one of the finest, most caring organizations I have ever seen. They give you help and hope for tomorrow!"

A WELL-STOCKED MARKETPLACE

Where do we get the food to feed FISH families? More than 95 percent of all the food we distribute is donated! About 1/3 comes from local grocery stores and restaurants, 1/3 comes from individuals and businesses, and 1/3 comes from our Feeding America partner organization, Community Food Share. Food drives and the Adopt-A-Shelf program have become a tremendous resource for keeping the market full of healthy food options. Schools, churches, businesses, and civic groups all contribute. Special recognition goes to Broomfield High School for collecting 17,800 pounds of food in 2019! Also, "Love Your Neighbor" drives in February and March and the annual "Stamp Out Hunger"drive with the postal service in May helped keep the marketplace well-stocked.

FISH is fortunate to have widespread support from our generous community! Special thanks to everyone who contributed their time, talents and resources to FISH this past year. We also would like to acknowledge the following large donors:

3W Races Thanksgiving Stacey Alyk 5K turkey trot Fred and Kathy Ambrusch W 12th Ave Court Group Kathleen and Richard Anderson Adams 12 Five Star Schools Anthem Highlands Neighborhood Advanced Medical Personal Services Anthem Ranch Water Babes Jen Allen - Aim Realty Marsha Allen

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Broomfield Heights Middle School

Broomfield High School

Broomfield Library

Broomfield Lions Club

Broomfield Moms Volunteer Group

Broomfield Recreation Services

Broomfield Republican Women

Broomfield Symphony Orchestra

Broomfield United Church of Christ

Broomfield United Methodist Church

BUMC Homebuilders

BUMC Wednesday Morning Men's

Bible Study

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