

## **FEMININE HYGIENE KITS**

Broomfield FISH would love to be able to provide more feminine hygiene products for our female participants. Women in need are able to pick up a kit as they make their way through our self-shop Marketplace.

**STEP 1**: Decide how many kits you'd like to put together. You could donate 1 or 1,000 depending on how many people are helping out and what resources you have available. Any amount makes a huge impact!

**STEP 2**: Collect items for the feminine hygiene kits. You can purchase them or host a drive to collect donations! They must be in their original packaging and the seals unbroken. Please stuff clean, empty plastic bags (can also use Ziplock bags) with a combination of any 10 of the following items:



- Tampons
- Pads
- Liners

Each completed kit will have either 10 tampons, 10 pads, 10 liners, or a combination totalling 10 items included. If you use a bag that is not see-through, please label the outside of the bag with Sharpie to indicate what item is inside.

Items could be purchased or donated.

**STEP 3**: Place items in a plastic grocery bag or Ziplock bag and tie/seal the bag up. Please check to make sure that the items are <u>clean</u> and <u>unopened</u>.

**STEP 4**: FISH is located at 6 Garden Center in Broomfield. We are open to accept donation drop-offs on:

- Mondays, Tuesdays, Wednesdays, and Fridays from 8:00 am 4:30 pm
- Thursdays between 8:00 am 12:00 pm

Please use the EAST SIDE donation door as other doors may be locked. When you enter, be sure to find someone to help weigh in your donation and record it at our kiosk.

If you have any questions, please email info@broomfieldfish.org.

Thank you in advance for donating feminine hygiene kits!